- 6. A method for preventing or treating a disease or a condition in an animal by modulating Cox-2 gene expression, the method comprising administering to the animal a composition comprising black tea extract which comprises theaflavin-3-gallate and theaflavin-3'-gallate in an amount sufficient to modulate the Cox-2 gene expression wherein the disease or condition is selected from the group consisting of cancer, inflammation and arthritis.
 - 7. The method of claim 6 wherein the disease or condition is cancer.
 - 8. The method of claim 7, wherein the cancer is colorectal cancer.
- 9. The method of claim 8, wherein the composition further comprises an orange peel extract.
 - 10. The method of claim 6 wherein the disease or condition is inflammation.
 - 11. The method of claim 6, wherein the disease or condition is arthritis.
- 12. A method for preventing or treating a disease or a condition in a animal by modulating Cox-2 gene expression, the method comprising administering to the animal a composition comprising theaflavin-3-gallate and theaflavin-3'-gallate in an amount sufficient to modulate the Cox-2 gene expression wherein the disease is selected from the group consisting of cancer, inflammation and arthritis.
 - 13. The method of claim 12 wherein the disease or condition is cancer.
 - 14. The method of claim 13, wherein the cancer is colorectal cancer.
- 15. The method of claim 13, wherein the composition further comprises an orange peel extract.
 - 16. The method of claim 12 wherein the disease or condition is inflammation.

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- 17. The method of claim 12, wherein the disease or condition is arthritis.
- 18. A method for modulating Cox-2 gene expression in a human in need thereof, the method comprising administering an effective amount of a composition which comprises theaflavin-3-gallate and theaflavin-3'-gallate such that modulation of the Cox-2 gene expression occurs.
 - 19. The method of claim 18, wherein the human has cancer.
 - 20. The method of claim 19, wherein the cancer is colorectal cancer.
 - 21. The method of claim 18, wherein the human has inflammation.
 - 22. The method of claim 18, wherein the human has arthritis.
- 23. A method for modulating Cox-2 gene expression in a cell comprising administering to the cell a composition comprising black tea extract capable of modulating Cox-2 gene expression in an amount sufficient such that a change in Cox-2 gene expression is achieved.
- 24. The method of claim 23, wherein the composition further comprises an orange peel extract.
- 25. A method for modulating Cox-2 gene expression in a cell comprising contacting the cell with a composition comprising a mixture of theaflavin polyphenols comprising theaflavin-3-gallate and theaflavin-3'-gallate such that modulation of Cox-2 gene expression occurs.
- 26. The method of claim 25, wherein the composition further comprises an orange peel extract.



- 27. A method for inhibiting growth of cancerous cells linked to Cox-2 gene expression comprising contacting said cells with a composition which comprises theaflavin-3-gallate and theaflavin-3'-gallate such that inhibition of Cox-2 gene expression in said cells occurs.
 - 28. The method of claim 27, where in said cells are colon cells.
- 29. The method of claim 28, wherein the composition further comprises an orange peel extract.